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Optimal control based seizure abatement using patient derived connectivity

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2 ABSTRACT

1

Epilepsy is a neurological disorder in which patients have recurrent seizures. Seizures occur in conjunction with abnormal electrical brain activity which can be recorded by the electroencephalogram (EEG). Often, this abnormal brain activity consists of high amplitude regular spike-wave oscillations as opposed to low amplitude irregular oscillations in the nonseizure state. Active brain stimulation has been proposed as a method to terminate seizures prematurely, however, a general and widely-applicable approach to optimal stimulation protocols is still lacking.

9 is still lacking.
10 In this study we use a computational model of epileptic spike-wave dynamics to evaluate the

effectiveness of a pseudospectral method to simulated seizure abatement. We incorporate brain connectivity derived from magnetic resonance imaging of a subject with idiopathic generalized epilepsy.

14 We find that the pseudospectral method can successfully generate time-varying stimuli that 15 abate simulated seizures, even when including heterogeneous patient specific brain connectivity.

16 The strength of the stimulus required varies in different brain areas.

Our results suggest that seizure abatement, modeled as an optimal control problem and solved with the pseudospectral method, offers an attractive approach to treatment for *in vivo* stimulation

19 techniques. Further, if optimal brain stimulation protocols are to be experimentally successful,

20 then the heterogeneity of cortical connectivity should be accounted for in the development of

21 those protocols and thus more spatially localized solutions may be preferable.

22 Keywords: Optimal Control; Numerical Methods; Epilepsy model; Connectome; Bistability; Spike-wave; Stimulation

1 INTRODUCTION

Epilepsy is a spectrum of disorders in which patients have seizures due to abnormal neuronal activity 23 24 (Blumenfeld and Taylor, 2003). Symptomatic manifestations of these events can include a loss 25 of consciousness, tonic-clonic convulsions and myoclonic jerks, amongst others which can severely 26 impact patient quality of life. These transient seizure events often have distinctive electrographic correlates detectable on the electroencephalogram (EEG). One commonly observed electrographic seizure 27 manifestation is the spike wave discharge (SWD). SWDs are high amplitude periodic oscillations with 28 a frequency typically slower then that of normal awake EEG. They are often associated with absence 29 30 seizures, myoclonic seizures and complex partial seizures (Asconapé and Penry, 1984; Sadleir et al., 2006). Currently the first line of treatment for patients with epilepsy is typically medication, however in 31 32 over 30% of cases medication alone is insufficient (Keränen et al., 1988).

Brain stimulation has been suggested as an alternative therapeutic treatment for epilepsy (Liang et al., 2010, 2012; Saillet et al., 2012; Berényi et al., 2012). In addition, it has also been suggested that noninvasive stimuli such as an auditory tone (Rajna and Lona, 1989) or through the use of transcranial magnetic stimulation (TMS) (Conte et al., 2007) could be used to interrupt SWD seizures in humans. Unfortunately optimal parameters for stimulation for the abatement of SWD seizures are currently unknown. Attempting to elucidate optimal control parameters in an experimental / clinical setup is difficult due to various ethical, safety and financial reasons.

In silico testing of stimulation protocols offers a complementary approach to *in vivo* experimentation. 40 41 Indeed, several computational models of epileptiform SWD exist at the macroscopic spatial scale which 42 is routinely recorded clinically using EEG. However, many of these models treat the cortex as a spatially continuous homogeneous medium (Breakspear et al., 2006; Robinson et al., 2002; Marten et al., 2009), 43 or disregard spatial interactions altogether (Wang et al., 2012). In contrast, it has been suggested that 44 45 spatial heterogeneities may be important in seizure genesis or maintenance (Kramer and Cash, 2012; Terry et al., 2012; Westmijse et al., 2009) and should therefore be incorporated into a model (Baier 46 et al., 2012). 47

Recent years have seen the development of brain imaging protocols using magnetic resonance imaging 48 (MRI) which enable the inference of heterogeneous subject-specific brain connectivity. It is essentially 49 50 possible to generate a connectivity matrix representing the brain network, with brain areas represented by nodes, and edges / connections inferred using tractography algorithms passing through the white 51 matter. The so-called structural connectome (Sporns et al., 2005), represented as a matrix, can be directly 52 incorporated into a computational model of brain activity. Several previous studies have used this approach 53 to simulate healthy brain function (Honey et al., 2009; Deco et al., 2013; Haimovici et al., 2013; Messé 54 55 et al., 2014). However, very few have simulated epileptic activity (Taylor et al., 2014a, 2013b; Yan and 56 Li, 2013).

The control of a system with SWD oscillations is highly nontrivial since the system is nonlinear (**Taylor** 57 et al., 2014b). The goal of seizure abatement through stimulation can be cast as an optimal control 58 problem, which provides a systematic and general approach for designing stimuli. Control theory's 59 traditional analytical techniques, however, do not scale well as the size of the system increases, as is the 60 case in considering a model with spatial heterogeneities. In recent years the pseudospectral method has 61 been applied successfully in a variety of applications as a highly efficient, robust method for the control 62 of large-scale nonlinear systems (Ruths and Li, 2012). In this study we use the pseudospectral method 63 to design time-varying stimuli for SWD seizure abatement in silico cast as optimal control problems. The 64 open-loop controls developed by this technique offer distinct advantages in terms of being less invasive 65 and more robust over alternative methods that employ feedback. We test the robustness of our method by 66 applying the approach in different settings. We begin with a relatively simple model which neglects spatial 67 interactions and ultimately build up to large-scale control of a stochastic model using connectivity derived 68 from a patient with clinically diagnosed idiopathic generalized epilepsy. To our knowledge this is the first 69 epilepsy modeling study using patient derived diffusion MRI based connectivity and consequently also 70 the first attempt to control seizures in such a model. 71

2 MATERIAL & METHODS

2.1 IMAGING

Cortical connectivity was inferred from a 22 year old female patient clinically diagnosed with idiopathic generalized epilepsy with a history of absence and generalized tonic clonic seizures. The subject gave their written informed consent to participate in this study, which was approved by the Institutional Review Board of NYU Langone School of Medicine. T1 structural MRI and DTI images were acquired using a Siemens Allegra 3T scanner. Diffusion images were collected using 64 directions, with a *b*-factor of 1000 s mm^{-2} , one *b*0 image and 2.5mm isovoxel, TR=5500ms, TE=86ms. A T1 anatomical image also acquired using the following parameters: TR=2530ms, TE=3.25ms, FOV=256mm at a resolution of 1x1x1.33mm.

79 To infer the cortico-cortical connectivity of the patient we first, using the T1 image, segmented white matter and grey matter areas, then performed parcellation of the grey matter into 66 regions of interest. 80 These regions of interest correspond to major gyral-based anatomical areas which have been shown to 81 be highly consistent between subjects (Desikan et al., 2006). These grey matter volume ROIs generated 82 using FreeSurfer (http://surfer.nmr.mgh.harvard.edu) were then imported into DSI studio 83 (Yeh et al., 2010) along with the motion corrected diffusion images. Whole brain seeding was then used 84 85 and tractography was performed. Only tracts with both ends terminating in the grey matter were retained. When a total of 5,000,000 tracts were found tractography was terminated. With the tracts and the ROIs 86 registered to the same space the mean fractional anisotropy along tracts connecting two ROIs was then 87 taken as a connectivity weight. This weighted structural connectivity matrix (M) is then used in the model 88 89 to directly represent cortical connectivity of the patient. Figure 1 summarizes the image processing. A full 90 list of ROI names can be found in table S1.

2.2 MODEL

2.2.1 Spatially independent Experimental evidence suggests important roles for both the cortex and 91 92 thalamus in the genesis and maintenance of epileptic SWD oscillations (Destexhe, 1998; Pinault and **O'Brien**, 2005). We therefore incorporate knowledge of these anatomical structures into our model using 93 neural field equations based on the Amari framework (Amari, 1977) which has been previously used 94 95 to model SWD (Taylor and Baier, 2011; Taylor et al., 2014b). The cortical subsystem is composed of excitatory pyramidal (PY) and inhibitory interneuron (IN) populations. The thalamic subsystem includes 96 variables representing populations of thalmocortical relay cells (TC) and neurons located in the reticular nucleus (RE). All populations are interconnected in agreement with experimentally known connections 97 98 (**Pinault and O'Brien**, 2005) using the connectivity parameters $C_{1...9}$. The resulting model equations are 99 100 therefore:

$$\dot{PY}(t) = \tau_1(h_{py} - PY + C_1 f[PY]$$

$$- C_3 f[IN] + C_9 f[TC]) + u(t)$$

$$\dot{IN}(t) = \tau_2(h_{in} - IN + C_2 f[PY]) + u(t)$$

$$\dot{TC}(t) = \tau_3(h_{tc} - TC - C_6 s[RE]$$

$$+ C_7 f[PY])$$

$$\dot{RE}(t) = \tau_4(h_{re} - RE - C_4 s[RE]$$

$$+ C_5 s[TC] + C_8 f[PY])$$
(1)

where $h_{py,in,tc}$ are input parameters, $\tau_{1...4}$ are timescale parameters and f[x] is the sigmoid function :

$$f[x] = (1/(1 + \epsilon^{-x}))$$
(2)



Figure 1. MRI processing and modelling pipeline. A patient-specific connectivity matrix is generated using anatomical T1 and diffusion weighted MRI. Segmentation and parcellation are performed using FreeSurfer (blue arrow) to define network nodes and tractography is performed using DSI Studio (red arrows) to determine connections in the network. Custom Matlab code is used to import the connectivity and simulate the model (orange arrows).

101 in which x = PY, IN, TC, RE and ϵ determines the sigmoid steepness. We simplify the thalamic 102 subsystem by using a linear activation term s[x] = ax + b instead of the sigmoid function f[x] since 103 this does not qualitatively impact the dynamics and makes analysis simpler (**Taylor et al.**, 2014b). This 104 follows the connection schematic as shown in figure S1 based on (**Pinault and O'Brien**, 2005).

Deterministic model solutions of equation 1 are simulated numerically using ode45 in MATLAB. Stochastic model solutions are computed numerically using a fixed step Euler-Maruyama solver in MATLAB with a step size (h) of 1/15000 seconds. Equations for the noise driven system are given in supplementary methods section 1. Stimulations to induce SWD are simulated as a perturbation to the PY and IN variables in state space where the control (stimulus) u(t) is applied to the cortical variables only. Parameters are identical to those used in **Taylor et al.** (2014b).

111 2.2.2 Spatially extended Following simulations with only one cortical area, the model can easily 112 be extended to include multiple cortical areas. In our model the cortical areas have local connectivity 113 within an area through reciprocal $PY \rightarrow IN$ and $IN \dashv PY$ connections in addition to long range excitatory 114 connections only. Long range connections (on the order of several centimeters in length) have been shown 115 experimentally to be predominantly excitatory. We therefore incorporate this into our model using the 116 patient-specific DTI matrix M to represent $PY \leftrightarrow PY$ connections. This approach of incorporating long

117 range connectivity as excitatory is in agreement with previous modeling studies (Babajani-Feremi and

118 Soltanian-Zadeh, 2010) and follows the connectivity schematic and equation in supplementary methods

119 part 2.

2.3 OPTIMAL CONTROL

120 Broadly speaking, optimal control is a mathematical framework for systematically selecting the timevarying input needed to drive a dynamical system in a desired way. In general, many choices of input, 121 or stimuli, might achieve a desired objective and without the formalism of optimal control selecting 122 one of these options from a family of potential stimuli is ad-hoc and ill-defined. An optimal control 123 problem couples a cost, or fitness, function to be minimized (or potentially maximized) with a set of 124 125 constraints. Setting it apart from conventional optimization problems is that this set of constraints includes the differential (or difference) equation that captures the dynamics of the system (Luenberger, 1968). 126 Initial (at the start time, t = 0) conditions and often final (at the final time, t = T) constraints also exist. 127 Path constraints that are imposed over the entire time window $t \in [0, T]$ are also possible. Most critically, 128 the cost function must be selected appropriately to evaluate the candidate options of stimuli and select the 129 130 correct one.

While the framework of optimal control can capture such a desired objective well, the techniques to solve optimal control problems analytically are limited, especially for large-scale and nonlinear systems. We, therefore, turn to computational methods to solve them. The pseudospectral method is an ideal computational method for this purpose, namely for practitioners in a variety of applied disciplines to use, due to its high level of accuracy and ease of implementation.

The method benefits, like other spectral methods (e.g., Fourier series), from the exponential 136 137 convergence, as the order of approximation increases, characteristic of orthogonal functions (Fornberg, 138 1998). In this case we use the Legendre polynomials to approximate the states and control. The method also relies (the "pseudo" part of the name) on a recursive relation between the Lagrange interpolating 139 polynomials and the Legendre polynomials, so that the approximation can be instead approximated by 140 141 Lagrange polynomials, leading to a double approximation: the unknown states/controls to the Legendre 142 approximation to the Lagrange approximation (Canuto et al., 2006). As the second approximation is an interpolation, the coefficients of the Lagrange approximation are the values of the states and controls 143 themselves at the discretized time points, rather than more abstract coefficients of the Legendre expansion. 144 The latter case (where abstract coefficients are used) is what occurs in a Fourier series approximation of 145 146 a signal. The coefficients have an interpretation, but the information gleaned is indirect information about the signal itself. These two factors, the *pseudo* and *spectral*, make the method both easy to implement, 147 148 efficient, and, when combined with standard nonlinear optimization solvers, a powerful and scalable approach for solving optimal control problems. 149

150 Ultimately, the pseudospectral method utilizes these approximations to discretize (in time) the continuous optimal control problem into a nonlinear optimization problem. The decision variables of the 151 subsequent optimization problem are the coefficients of the Lagrange interpolating polynomial, which are 152 also the values of the unknown state and control functions at the discretization points. This optimization 153 154 problem can be solved using any number of commercial or open-source nonlinear solvers. While nonlinear optimization is still a field of much research, the work to-date has produced a number efficient algorithms 155 that scale well on large-scale problems. In order to recover the state and control functions from the 156 discretized solution, we construct the Lagrange approximating polynomial from the optimal decision 157 variables. 158

159 A complete presentation of the pseudospectral method and implementation can be found in the 160 supplementary text.

161 In this work, we use a cost that minimizes the input power (the integrated square of the input). Such a 162 cost function both reduces the invasiveness of the stimuli and also tends to produce inputs that are more interpretable, as they are devoid of non-essential fluctuations in the control shape. We also impose state
constraints at the initial and final time to enforce the desired state transfer. Finally, time is discretized into
81 nodes (using a Lagrange approximation of 81 terms), which is dramatically smaller when compared
with other methods, such as Runge-Kutta.



Figure 2. Bifurcation diagram. a) Minima and maxima of time series for different values of h_{tc} . A fold of cycles bifurcation occurs at the transition between bistability and excitability. b) Time series of the model output

3 **RESULTS**

3.1 MODEL DYNAMICS

167 We begin with the simplest of our scenarios. We investigate the model without noise (i.e. purely 168 deterministic) and independent of any lateral spatial interactions (equation 1). Figure 2a shows the maxima 169 and minima of the model output for different values of the parameter h_{tc} . For more negative values shown $(h_{tc} < \approx -2)$, left side of figure) there is only one stable solution, all simulations converge to the steady 170 state (stable focus). For less negative values ($-2 \ll h_{tc} < -1.5$, shaded area of figure) a bistable region 171 exists between the stable focus and the SWD oscillations. This arises following a fold of cycles bifurcation 172 at $h_{tc} \approx -2$. Beyond the disappearance of the stable focus (due to a subcritical Hopf bifurcation) at 173 $h_{tc} > -1.5$, monostable SWD and slow waves exist (right hand side of figure). In the bistable region 174 a separating manifold (separatrix) exists between the two states in four dimensional state space. This 175 manifold is highly complex in structure (**Taylor et al.**, 2014b). 176

177 The stable focus can be considered analogous to resting state background EEG, and the high amplitude oscillatory attractor to be the seizure state (Kalitzin et al., 2010; Taylor et al., 2014b). Transitions 178 179 between non-seizure and seizure states can occur when a stimulus beyond the separatrix occurs. When this does occur in the bistable region a further stimulus is required to stop the SWD, if a second stimulus is 180 not given the SWD will continue indefinitely. In figure 2b we show an example time series following such 181 182 a stimulus. In the region immediately preceding the bifurcation at $h_{tc} \approx -2$ complex excitable transients occur lasting several seconds (figure S3a). Ultimately the goal of stimulus driven seizure abatement is to 183 minimise the duration of the seizure following detection. 184

3.2 OPTIMAL CONTROL OF DETERMINISTIC SPIKE-WAVE DYNAMICS

The control of SWD implemented here requires a two-step process; seizure detection and seizure control. The seizure is detected when the PY and IN variables are in the proximity of a point specified on the bistable limit cycle. This could easily be adapted in an experimental setting by using delay embedding to predict state variables (**Taylor et al.**, 2014b; **Babloyantz and Destexhe**, 1986; **Takens**, 1981). Since the SWD is fairly regular between cycles and between seizures this 'trigger point' can be used, provided that the seizure activity passes close by in state space (e.g., within an error tolerance of $\pm 10\%$). In theory all points on the SWD limit cycle could be used as trigger points to decrease the time taken to detect and



Figure 3. Control of bistable SWD Time series of model and control in the bistable parameter setting (as used in figure 2). Projection of the PY and IN variables in phase space are shown in b). Red triangle indicates the trigger point at which the control was applied. The large arrow indicates the stimulus to induce the SWD.

subsequently control the seizure, where each point would correspond to a stimulus with a different profile.This would mean that the stimulus could be applied at any phase in the spike. However, we limit ourselves

194 in this study to a single arbitrarily chosen point and leave optimal seizure *detection* for future study.

Once the SWD has passed close enough to the trigger point the seizure is detected and the control 195 196 stimulus is applied starting at that time instant. Figure 3b shows the state space for the PY and IN variables. A stimulus to initiate a seizure is indicated by an arrow, while the red \triangle indicates the trigger point. In 197 both the bistable and excitable cases the seizure is abated prematurely by the control (red lines in figures 198 3a). An important advantage of the control applied here is that the same control is applied to both the 199 PY and IN variables, while the TC and RE variables are not controlled. This would be desirable in the 200 201 experimental scenario where a stimulus may activate multiple neuron types with the same waveform morphology and is nonselective. Likewise, stimuli for the TC and RE variables could be developed using 202 the same framework. 203

Figure 3 shows successful SWD abatement when the model is placed in the bistable setting. Interestingly the same profile can also be used in the excitable transient parameter setting since the flows in state space are similar (figure S3).

3.3 OPTIMAL CONTROL OF STOCHASTIC SPIKE-WAVE DYNAMICS

The simulated seizures shown in figure 3 are artificial in the sense that they are induced by a stimulus at 3 207 208 seconds, indicated by the arrow in state space. In figure 4 we test the capability of the control stimulus to abate a spontaneously occurring simulated seizure with the inclusion of noise. This has proven extremely 209 210 challenging in a previous study where noise has been shown to impact the success rate significantly (Taylor et al., 2014b). For comparison, the upper panel of figure 4 shows a clinical recording of one 211 212 EEG channel from a patient exhibiting transitions between non-seizure and seizure states. This compares 213 favorably with the stochastic model simulation (figure 4b). Irregular oscillations around the stable focus driven by noise resemble background activity with an abrupt onset of SWD. Figure 4b shows a simulation 214 without any external control. In figure 4c, the same control signal in figure 3 is applied. 215

The challenge with dealing with stochasticity and the success here with this method underscores the 216 importance of a systematic approach to seizure abatement. Because the optimal control drives the system 217 218 from near a known trigger point in state space to the background state, the effects of stochasticity are minor. Ad-hoc approaches that work in the deterministic case, may be highly sensitive to the perturbations 219 220 introduced when noise is added. In previous work (Ruths et al., 2014), we demonstrate how ensemble control can be used to develop stimuli that are robust to variation in the initial state. This situation arises 221 when the noise driven process and the delays in triggering cause the state to shift noticeably before the 222 control can be applied. Because of the consistency of the bistable model, the excitable case requires this 223 224 extra step of making the stimulus more robust.



Figure 4. Clinical and simulated stochastic time series with and without control. a) Patient recording from a scalp electrode during a seizure. b) Stochastic model simulation without control. c) Stochastic model simulation with control turned on.

3.4 OPTIMAL CONTROL OF HETEROGENEOUS SPIKE-WAVE DYNAMICS

We now apply our method to a case which incorporates patient-derived brain connectivity data. Despite idiopathic generalized epilepsy involving widespread bilateral brain areas, it has been argued that heterogeneity in brain connectivity may contribute to seizure genesis and maintenance (**Taylor et al.**, 2013a). Indeed, it has been suggested that an improved understanding of the heterogeneities involved may lead to more effective treatments for spike-wave seizures (**Blumenfeld**, 2005). We therefore incorporate patient-specific heterogeneous brain connectivity into our model.

For comparison we include a clinical recording of a generalized SWD seizure in figure 5a. Figure 5b shows a simulation of the model which incorporates the patient based structural connectivity. The model is capable of reproducing various features seen clinically, specifically with respect to spatial variation between recording electrodes. Three simulated channels are zoomed to enable closer examination. They show high, and low amplitude spikes (first two panels) in addition to slow wave oscillations, all of these features are routinely observed clinically (for examples see e.g. **Baier et al.** (2012) and panel a) in figure 5).

238 To abate the simulated seizure we apply our optimal control method to all simulated cortical brain areas. Figure 5c shows a time series of a simulated seizure with the control enabled. With the exception of the 239 240 controls being applied, the model parameters and noise are identical to that shown in figure 5b. With the control stimuli applied the simulated seizure is terminated almost immediately in all channels. This 241 is despite the spatial heterogeneity in waveform morphology across channels and stimuli. The control 242 signals are shown for three of the simulated brain areas in red in figure 5c. There are some noticeable 243 differences in morphology and amplitude between the channels. For example, the bottom of the three 244 panels has a much larger positive deflection compared to the other two at the start, while at the end the 245 246 negative deflection is much weaker. Due to the underlying heterogeneity some brain areas require more total energy to abate (absolute sum of power over time). In essence the total control needs to be stronger 247 for some brain areas than others. Figure 5d shows the strength of stimulus applied for optimal control 248 in different brain areas. Superior frontal areas (more red areas) require more power than occipital areas 249 (more white in color). 250

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4 **DISCUSSION**

In this study we have applied optimal control to a model of epileptiform SWD oscillations incorporating patient-derived connectivity to prematurely abate the simulated seizure. To our knowledge this is the first study to incorporate diffusion MRI based connectivity from a patient into a macroscopic model of epilepsy and also the first attempt at simulating control using a human derived DTI network. We showed that the control can work in different settings (excitable / bistable, stochastic / deterministic) and with different spatial properties (space-independent, heterogeneously spatially-extended).

Previous modeling attempts of seizure control have included several different approaches. One approach is to apply single pulse perturbations in state space beyond the manifold which separates the seizure and non-seizure attractor (**Suffczynski et al.**, 2004; **Taylor et al.**, 2014b). While there is obvious appeal to single pulse stimulation, there are many difficulties with that approach, especially in stochastic systems where repeated success can be troublesome (**Taylor et al.**, 2014b).

262 A second approach leverages methods from feedback control theory (Kramer et al., 2006; Ching et al., 2012). While feedback control is the hallmark approach to deal with uncertainty, the controls developed 263 264 through optimal control provide several key advantages. In contrast, much of the work in neuroscience using optimal control has dealt with stylized models that are analytically tractable (Li et al., 2013; Moehlis 265 266 et al., 2006). Such analytic results provide a unique level of intuition, however, are not scalable to general large scale cases. We differentiate our work in this paper from the existing literature using control theory 267 268 for neuroscience applications in the following ways. Trigerred stimuli are applied on an "as needed" 269 basis (i.e. only when the SWD reaches a trigger point) in contrast to continuous feedback controllers 270 which are always on. From a patient perspective, this means that neurological function is identical to 271 pretreatment during the times between seizures. In contrast, feedback controllers continue to operate 272 and may as a consequence abate non-pathological neurological activity. While non-feedback methods are often criticized for lack of robustness to noise and parameter uncertainties, recent development in 273 274 ensemble control allow robust open-loop controllers to be developed and demonstrated in past work with 275 the model used in this paper (Ruths et al., 2014; Ruths and Li, 2012). One limitation of optimal control 276 techniques is that they are highly dependent on the ability of the model to capture the clinically observed EEG. While this is a limitation, models for neurological behavior are consistently improving, and the 277 278 method for control presented is highly general, so it can be applied to most models developed in the 279 future. The benefit gained from a known model is that the system is transferred reliably between the 280 states of interest (seizure state to background state). The underlying premise of optimal control is that systems have moments in their dynamics when they are most and least susceptible to external influence. 281 The optimization process teases out these susceptible periods and designs the stimulus to take advantage 282 of them. Although feedback control can deliver a stimulus that adapts according to the state, it is typically 283 sub-optimal because it has no such information about susceptibility. Optimal control permits generating 284 285 stimuli that are minimal by design, so that the stimulus achieves the objective with the lowest, e.g., energy or duration. Finally, the stimuli found through the optimal control process provide intuition on the nature 286 and dynamics of the of the system. 287

There are several benefits to the control strategy used here. First, only a subset of all variables are 288 289 controlled, in this case we only control the cortical variables PY and IN. In the experimental setting this may be desirable because external noninvasive stimuli (e.g., transcranial magnetic stimulation) may not 290 fully penetrate to deep subcortical structures such as the thalamus. In our control of the spatially extended 291 model, the control is optimal in the sense that a cost function is optimized, given the consideration that 292 all cortical variables are available for control. This may be undesirable experimentally as a more spatially 293 localized solution may be sought, effectively reducing the number of locations that require stimulation to 294 295 abate the seizure. While such an optimal control problem is easy to formulate, solving this mixed-integer problem is challenging on a problem of this size. An important direction of our future work will seek 296 to minimize the number of cortical areas stimulated through a variety of heuristic approaches. A further 297 benefit is that separate controls for each variable do not necessarily need to be developed for each variable. 298 We have demonstrated this throughout, where the same control has been applied to both the PY and IN299

populations (see e.g. figure 4). Additionally, since the control profile is precomputed, the delivery of thecontrol could be applied in real-time when 'trigger points' on the SWD cycle are detected.

302 In this study, the same optimal controls are applied to both PY and IN, rather than developing different controls for PY and for IN. In some experimental scenarios, it may be advantageous to differentiate 303 these neuron populations, for example, when using noninvasive stimuli such as TMS if the model does 304 305 not capture the variables controlled by the stimulus. In other applications this may not be necessary, 306 such as for invasive stimuli like optogenetics - where the specific variables are thought to be well known (Selvaraj et al., 2014). Furthermore, the low dimensionality of SWD oscillations leads us to suggest 307 that only few variables may need to be controlled (**Babloyantz and Destexhe**, 1986). Nonetheless, the 308 method presented here is adaptable to generating either simultaneous or differentiated control signals for 309 the various neuron populations; this choice is driven based on the manner in which the stimulus interacts 310 with the tissue. 311

Interestingly the total strength of control required is different in different areas (figure 5d). Specifically 312 313 the lingual gyrus, which is important for vision, required high strength bilaterally. We hypothesize this may be due to a hyperexcitability which may exist for photoparoxysmal response, which is common 314 in patients with IGE and absence epilepsy as is the patient studied here. We also find superior frontal 315 areas to require high stimulus strength. Indeed, superior frontal areas are heavily involved in spike-316 317 wave seizures with many patients exhibiting frontally abnormal activity in EEG and functional MRI recordings during seizures (Moeller et al., 2008; Bai et al., 2010). While many IGE patients do have 318 high amplitude abnormal frontal activity during seizures, abnormal activity in other areas is often more 319 patient-specific. This stereotypy is present in both the spatial and temporal aspects of the seizures in many 320 patients (Schindler et al., 2011). Indeed, as the seizure patterns exhibit stereotypy, even beyond SWD 321 322 seizures, so may the optimal control profiles.

One of the assumptions of our study is that the background state coexists with the SWD limit cycle in the state space. This is essentially a different mechanistic assumption to that of a parameter change as in some previous studies (**Breakspear et al.**, 2006). In that case, control of the slowly varying parameter can abate the seizure. In a recent study the modulation of a parameter was implemented as an ultra-slow variable to cause seizure onset & offset (**Jirsa et al.**, 2014). Indeed, our control strategy developed here could easily be applied to such a slow variable as it would be incorporated as a state in an enlarged model.

We have incorporated clinical data into our model in the form of the connectivity, however, a next step is to perform the control stimuli *in vivo*. This could be performed first in animal models of SWD (**Meeren et al.**, 2005), using high strength diffusion MRI to generate high resolution connectivity matrices (**Besson et al.**, 2014). Furthermore, with active perturbation it may be possible to elucidate the directionality of connections (**David et al.**, 2013), which would allow for the the application of network control theory (**Liu et al.**, 2011; **Ruths and Ruths**, 2014).

To summarize, we have demonstrated a nonlinear optimal control technique with application to epilepsy. We have demonstrated its robustness in different settings, ultimately building up to a large scale model of the brain which includes cortical connectivity derived from a patient with idiopathic generalized seizures. We found that due to the heterogeneity in connectivity, there is heterogeneity in the optimal control applied. We therefore suggest this should be considered when applying stimulation to large cortical areas *in vivo* and that spatially localized solutions may consequently be more desirable.

DISCLOSURE/CONFLICT-OF-INTEREST STATEMENT

341 The authors declare that the research was conducted in the absence of any commercial or financial 342 relationships that could be construed as a potential conflict of interest. The statement about the authors and contributors can be up to several sentences long, describing the tasks of individual authors referred to by their initials and should be included at the end of the manuscript before the References section.

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SUPPLEMENTAL DATA

351 Supplementary Material should be uploaded separately on submission, if there are Supplementary Figures,

352 please include the caption in the same file as the figure. LaTeX Supplementary Material templates can be

353 found in the Frontiers LaTeX folder

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FIGURES



Figure 5. Control derived using patient-specific connectivity a) Clinical EEG recording of a SWD seizure from 19 scalp electrodes. b) and c) show time series of simulated activity without and with the control switched on. Without the control the simulated seizure lasts several seconds. Control is shown in red in c) in three inset panels. c) Spatial distribution of the total strength required to control the seizure. Warmer colors indicate a greater strength is applied in those areas.